



Your Partner in Health Optimization
Discover Our Premium Supplements



Get in Touch !

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Cardiovascular Health Support

Mediton Hawthorn

Dose: 1 Capsule, 2 times per day

- Used in herbal medicine to help maintain and/or support cardiovascular health in adults.

Each Capsule Contains:

Hawthorn (Crataegus monogyna, Fruit, 5:1 QCE 1750mg).....	350mg
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Mediton Cardio-Aid

Dose: 1 Capsule per day

- Used in herbal medicine to support cardiovascular health in adults.
- Hawthorn is used in herbal medicine to maintain and/or support cardiovascular health in adults.
- Ginkgo biloba helps to support peripheral circulation.
- Garlic is used in herbal medicine to help reduce elevated blood lipid levels/ hyperlipidemia in adults, also used in herbal medicine to help maintain cardiovascular health in adults

Each Capsule Contains:

Hawthorn (Crataegus laevigata, Fruit, 10:1 QCE 1600mg).....	160mg
Garlic (Allium sativum, Bulb, 20:1 QCE 1200mg).....	60mg
Ginkgo biloba (Leaf, 24% Flavonoid glycosides, 6% Terpenes lactone, 30:1 QCE 4500mg).....	150mg
Zinc (Zinc gluconate).....	16mg
L-Arginine.....	100mg

Mediton Lipichol

Dose: 1 Capsule, 3 times per day

- Using in herbal medicine to help reduce elevated blood lipid levels/ hyperlipidemia.

Each Capsule Contains:

Guggul (Commiphora wightii, Gum oleoresin, 12.5 Guggulsterone, 10:1 QCE 1250mg).....	125mg
Garlic (Allium sativum, Bulb).....	65mg
Fenugreek (Trigonella foenum-graecum), seed, 10:1 QCE 750mg).....	75mg
Blond psyllium (Plantago ovate , Husk).....	25mg

Antioxidants

Mediton CoQ10

Dose: 1 Capsule per day

- Improves heart health and exercise performance.
- Powerful antioxidant that promotes youthful-looking skin.

Each Capsule Contains:

Coenzyme Q10 (Ubiquinone).....200mg

Mediton Resveratrol

Dose: 2 Capsules per day

- Provides potent antioxidants to protect against cellular damage.

Each Capsule Contains:

Resveratrol (Reynoutria Japonica- Root).....250mg

Mediton Moringa Leaf

Dose: 1-2 Capsules twice a day

- Source of antioxidants that helps protect cells against damage caused by free radicals.

Each Capsule Contains:

Moringa (Moringa Oleifera, Leaf) 600 mg

Mediton NMN

Dose: 1 Capsule twice a day

- A NAD+ precursor that supports biological functions for good health.
- Source of powerful antioxidants.

Each Capsule Contains:

Nicotinamide Mononucleotide (NMN) 500 mg

Digestive Health Support

Mediton Berberine

Dose: 1 Capsule, 2 times per day

- Provides support for healthy glucose and lipid metabolism.
- Helps maintain cardiovascular health and healthy cholesterol levels.

Each Capsule Contains:

Berberine.....	500mg
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Mediton Probiotic

Dose: 1 Capsule, 2 times per day

- Source of probiotics that help support intestinal and gastrointestinal health.
- Could promote a favourable gut flora.

Each Capsule Contains:

Labtobacillus acidophilus (La-14).....	10000000000 CFU
Bifidobacterium animalis subsp. Lactis (BI-04).....	10000000000 CFU
Lactobacillus plantarum (Lp-115).....	10000000000 CFU
Lactobacillus paracasei (Lpc-37).....	10000000000 CFU

Mediton Milk Thistle

Dose: 1 Capsule, 3 times per day

- Used in herbal medicine to help relieve digestive disturbances/ dyspepsial

Each Capsule Contains:

Milk Thistle (Silybum marianum, Fruit, 80% Silymarin, 30:1 QCE 3600 mg).....	120mg
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Mediton Apple Cider Vinegar

Dose: 1 Capsule, 3 times per day

- Used in herbal medicine to help support digestion.

Each Capsule Contains:

Apple Cider Vinegar, 5.0 % Acetic Acid.....	500mg
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Digestive Health Support

Mediton Turmeric with Piperine

Dose: 1 Capsule per day

- Used in herbal medicine to aid digestion
- Traditionally used in herbal medicine to help relieve flatulent dyspepsia (carminative)
- Traditionally used in Ayurvedic medicine as an antiparasitic

Each Capsule Contains:

Turmeric (Curcuma longa, Rhizome, 4:1 QCE 2000mg).....	500mg (3% curcuminoids)
Piperine (Piper nigrum- fruit).....	14mg

Mediton Licorice

Dose: 1 Capsule, 2 times per day

- Used in herbal medicine to help relieve inflammatory conditions of the gastrointestinal tract, such as gastritis in adults

Each Capsule Contains:

Licorice (Glycyrrhiza glabra, root, 200mg Glycyrrhizin, 5:1 QCE 2500mg).....	500mg
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Mediton Goldenseal Root

Dose: 2 Capsules, 2 times per day

- Used in herbal medicine as an astringent to help relieve diarrhea

Each Capsule Contains:

Bilberry (Vaccinium myrtillus, Fruit, 36% Anthocyanosides, 20:1 QCE 10000mg).....	500mg
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Mediton Kutki

Dose: 1 Capsule per day

- Traditionally used in Ayurvedic Medicine as a bitter tonic to help stimulate appetite and aid digestion (stomachic)

Each Capsule Contains:

Kutki (Picrorhizakurrooa, Root, 4:1 QCE 2000mg).....	500mg
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Hair , Skin , Nail

Mediton Hair, Skin, Nail

Dose: 3 Capsule, 2 times per day

- Helps to maintain healthy hair, nail, mucous membranes and/or skin.
- Antioxidant for good health.
- Fight/protect (cell) against/reduce (the oxidative effect of/the oxidative damage caused by/ cell damage caused by) free radicals.

Each Capsule Contains:

Vitamin B5 (D-Pantothenic acid).....	25mg
Vitamin B6 (Pyridoxine hydrochloride).....	25mg
Vitamin C (Ascorbic acid).....	25mg
Vitamin E (dl-alpha Tocopheryl acid succinate).....	5 mg AT(11.1 IU)
Biotin.....	250mcg
Silicon (Silicon dioxide).....	25mg
Iron (Iron II gluconate).....	2.5mg
L-Cysteine.....	50mg
L-Lysine	50mg
L-Methionine.....	25mg
Hydrolyzed collagen (Fish-Skin).....	100mg

Mediton Hydrolyzed Collagen + Vitamin C (Capsule)

Dose: 3 Capsule, 2 times per day

- Increases skin elasticity and reduces wrinkles.
- Helps in collagen formation to maintain healthy bones.

Each Capsule Contains:

Hydrolyzed Collagen (Fish Skin).....	500mg
Vitamin C (Ascorbic Acid).....	100mg

Mediton Hydrolyzed Collagen + Vitamin C (Powder)

Dose: 1 Scoop per day

- A NAD+ precursor that supports biological functions for good health.
- Source of powerful antioxidants.

Each Scoop Contains:

Hydrolyzed Collagen (Fish Skin).....	6000mg
Vitamin C (Ascorbic Acid).....	200mg

Female Health Support

Mediton MACA for Women

Dose: 1 Capsule, 2 time per day

- Helps to support healthy mood balance during menopause.
- Supports emotional aspects of sexual health.

Each Capsule Contains:

MACA (Lepidium Meyenii, Root).....	500mg (7:1, QCE 3500mg)
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Mediton Women Balance Hair

Dose: 2 Capsule per day

- Helps to maintain healthy bones, hair, nails, and skin.
- An antioxidant that helps protect against oxidative stress.

Each Capsule Contains:

Vitamin A (Beta carotene).....	3.75mg (1250 IU)
Vitamin C (Ascorbic acid).....	25mg
Vitamin D (Cholecalciferol).....	15.63mcg (625 IU)
Biotin.....	625mcg
Iodine.....	56.25mcg
Zinc (Zinc amino chelate).....	5mg
Selenium (L-Selenomethionine).....	0.05mg
Maca root powder (Organic gelatinized).....	66.96mg
Saw palmetto (>45% fatty acid).....	66.96mg
Hydrolyzed marine Collagen type 1& 3.....	66.96mg
Sensoril Ashwagandha Root & leaf extract (10%withanolides).....	66.96mg
Liposomal curcumin (rhizome)extract (>45%curcuminoids).....	66.96mg
Palm extract (20% tocotrienol/tocopherol Complex).....	66.96mg
Astaxanthin (Haematococcus pluvialis).....	66.96mg
L-Lysine.....	17.14mg
L-Methionine.....	17.14mg
L-Cysteine.....	17.14mg
Horsetail(Stem & Leaf) Extract.....	17.14mg
Japanese Knotweed (root)extract (50%resveratrol).....	17.14mg
Black pepper fruit extract (95% Piperine).....	17.14mg
Capsicum fruit extract (2% Capsaicinoids).....	17.14mg

Male Health Support

Mediton Shilajit

Dose: 1 Capsule, 2 times per day

- Shilajit is traditionally used in Ayurveda as Rasayana (rejuvenation) tonic.
- Shilajit is traditionally used in Ayurveda to help alleviate painful urination associated with urinary tract disorders. Helps support normal free and total testosterone levels in men between 45-55 years.

Each Capsule Contains:

Moringa (Moringa Oleifera, Leaf).....	600mg
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Mediton Testosterone Booster

Dose: 1 Capsule, 3 times per day

- Tribulus is traditionally used in Ayurveda as an aphrodisiac for men.
- Helps support healthy sexual interest.

Each Capsule Contains:

Tribulus (Tribulus terrestris, Fruit).....	200mg (10:1, QCE 2000mg)
Maca (Lepidium meyenii, Root).....	50mg (20:1, QCE 1000mg)
Panax ginseng (Root).....	50mg (20:1, QCE 200mg)
DIM (3,3'-Diindolylmethane).....	30mg
Tongkatali (Eurycoma longifolia, Root).....	100mg (1.5% Eurycomanone, 40% glycosaponins, 50:1, QCE 5000mg)
Horny goat weed (Epimedium sagittatum, Herb top). 25 mg (10% icariin, 20:1, QCE 500mg)	
Ginkgo biloba (Leaf).....	50mg (24% flavonoid glycosides, 6% terpenes lactone, 30:1, QCE 1500mg)
Siberian ginseng (Eleutherococcus senticosus, Root).....	30mg
Velvet bean (Mucuna pruriens, Seed).....	25mg (20:1, QCE 500mg)

Mediton Tongkat Ali

Dose: 1 Capsule per day

- Helps promote and support testosterone production in men.

Each Capsule Contains:

Tongkat Ali (Eurycoma longifolia-Root).....	300mg
Black Pepper (Piper Nigrum-Fruit).....	5mg

Brain & Cognition Support

Mediton Ashwagandha

Dose: 1 Capsule per day

- Traditionally used in Ayurveda as rejuvenative tonic, memory enhancer, nervine tonic, and sedative.
- Helps relieve general debility, especially during old age.

Each Capsule Contains:

Ashwagandha (Withania Somnifera, Root) (10:1, QCE 5000mg).....500mg

Mediton Ashwagandha with Black Pepper

Dose: 2 Capsules, 2 times per day

- Traditionally used in Ayurveda as rejuvenative tonic, memory enhancer, nervine tonic, and sedative.
- Helps relieve general debility, especially during old age.

Each Capsule Contains:

Ashwagandha (Withania Somnifera, Root) (10:1, QCE 5000mg).....650mg

Black Pepper (Piper Nigrum, Fruit) (95% Piperine).....2.5mg

Mediton Lion's Mane

Dose: 2 Capsules per day

- Helps support both brain and body health.
- Source of fungal polysaccharides with immunomodulating properties.

Each Capsule Contains:

Lion's Mane (Heridium Erinaceus, Fruiting body).....550mg

Mediton Ginkgo

Dose: 1 Capsule, 2 times per day

- Helps to enhance cognitive function in adults.
- Helps to enhance memory in adults.
- Helps to support peripheral circulation.

Each Capsule Contains:

Ginkgo (Ginkgo biloba, Leaf).....500mg (24% flavonoid glycosides, 10:1, QCE 5000mg)

Bone & Joint Health Support

Mediton Boswellia

Dose: 1 Capsule, 3 times per day

- Helps to relieve joint pain and swelling associated with osteoarthritis of the knee.

Each Capsule Contains:

Boswellia (Boswellia serrata, Stem bark oleogum resin)(40% boswellic acids, 10:1, QCE 3000mg).....	300mg
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Mediton Osteo Care

Dose: 1 Capsule, 3-4 times per day

- Supports cartilage health and joint comfort.

Each Capsule Contains:

Glucosamine sulfate (Glucosamine Sulfate Potassium Chloride).....	500mg
Chondroitin sulfate.....	100mg
MSM (Dimethyl sulfone).....	50mg
Boswellia (Boswellia serrata, Gum).....	50mg
Turmeric (Curcuma longa, Root) (10:1, QCE 500mg).....	50mg
Calcium citrate.....	100mg
Fenugreek (Trigonella foenum-graecum, Seed) (10:1, QCE 500mg).....	50mg

Mediton Orgen Joints

Dose: 1 Capsule, 2-3 times per day

- Helps relive joint pain associated with osteoarthritis.

Each Capsule Contains:

Glucosamine sulfate (Shrimp-exoskeleton).....	450mg
Chondroitin sulfate (Bos Taurus- Cartilage).....	300mg
MSM (MethylSulfonylMethane, Dimethyl sulfone).....	50mg

Mediton Cat's Claw

Dose: 1 Capsule, 3 times per day

- Used in herbal medicine to help relieve joint pain associated with osteoarthritis of knee.

Each Capsule Contains:

Devils claw (Harpagophytum procumbens, secondary root tuber).....	500mg
Cats claw (Uncaria tomentosa, Root bark) (0.26 mg pentacyclic oxindale alkaloids, 2:1,QCE 40mg).....	20mg

Vitamins & Minerals

Mediton Multivitamin for Men and Women

Dose: 1 Capsule once a day

- Helps maintain healthy hair, nails, skin, and immune function.
- Adequate calcium intake may reduce the risk of osteoporosis.
- Supports sustained energy, improved focus, and cellular vitality, due to its powerful blend of minerals including Panax Ginseng and Lecithin.

Each Capsule Contains:

Vitamin A (all-trans-RetinyI acetate)	800 mcg RAE
Vitamin B1 (Thiamine HCl)	1.1 mg
Vitamin B2 (Riboflavin)	1.4 mcg
Vitamin B3 (Niacinamide)	16 mcg
Vitamin B6 (Pyridoxine hydrochloride)	1.4 mg
Vitamin B7 (Biotin)	50 mcg
Vitamin B9 (Folate, Folic acid)	200 mcg
Vitamin B12 (Cyanocobalamin)	2.5 mcg
Vitamin C (Ascorbic acid)	60 mg
Vitamin D3 (Cholecalciferol)	5 mcg
Vitamin E (d-alpha Tocopheryl acetate)	12 mcg AT
Calcium (Coral - Calcareous skeleton, Calcium carbonate)	120 mg
Copper (Copper (II) gluconate)	1 mg
Iron (Iron (II) gluconate)	10.5 mg
Manganese (Manganese (II) gluconate)	2 mg
Selenium (Selenium HVP chelate)	55 mcg
Zinc (Zinc oxide)	1.5 mg
Panax ginseng (Panax ginseng - Root) (20:1, 800 mg Dry)	40 mg
Lecithin (Glycine max - Seed)	100 mg

Mediton K2 + D3

Dose: 1 Capsule once a day

- Traditionally used in Ayurveda as rejuvenative tonic, memory enhancer, nervine tonic, and sedative.
- Helps relieve general debility, especially during old age.

Each Capsule Contains:

Vitamin K2 (Menaquinone-7) (MK-7) (Natto Bean)	120 mcg
Vitamin D3 (Cholecalciferol) (1000 IU)	25 mcg

Sports & Performance Nutrition

Mediton Hydrolyzed Collagen + Vitamin C (Powder)

Dose: 1 Scoop per day

- A NAD+ precursor that supports biological functions for good health.
- Source of powerful antioxidants.

Each Scoop Contains:

Hydrolyzed Collagen (Fish Skin).....	6000mg
Vitamin C (Ascorbic Acid).....	200mg

Mediton Arginine

Dose: 2 Capsules, 2-3 times per day

- Workout supplement
- Athletic support
- Source of amino acids involved in muscle protein synthesis

Each Capsule Contains:

L-Arginine.....	500mg
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Mediton L-Arginine

Dose: 2 Capsule once a day

- Workout supplement and athletic support.

Each Capsule Contains:

L-Arginine (L-Arginine alpha-ketoglutarate)	200 mg
L-Arginine	200 mg
L-Citrulline (N5-(Aminocarbonyl)-L-ornithine, Citrulline)	100 mg
L-Citrulline (N5-(Aminocarbonyl)-L-ornithine, Citrulline Malate)	100 mg
Beta-alanine (3- Aminopropanoic Acid)	40 mg
Niacin	15 mg

Mediton L-Carnitine

Dose: 2 Capsules, 2 times per day

- Aids in muscle recovery by reducing tissue damage from resistance training.
- Helps improve physical performance and delay fatigue.

Each Capsule Contains:

L-Carnitine (L-Carnitine tartrate).....	750mg
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Sports & Performance Nutrition

Mediton L-Carnitine + Chrome

Dose: 3 Capsules, 2 times per day

- Aids in the muscle recovery process by reducing muscle tissue damage associated with a resistance training regimen.
- Helps support fat metabolism.
- Helps support fat metabolism and oxidation.
- Helps support fat oxidation.
- Helps to maintain normal blood glucose levels.
- Helps to maintain the body's ability to metabolize nutrients.
- Provides support for healthy glucose metabolism.

Each Capsule Contains:

L-Carnitine(L-Carnitine tartrate).....	500mg
Chromium(Chromium (III) fumarate).....	20mcg

Mediton L-Glutamine (Capsule)

Dose: 4 Capsules per day

- Workout supplement and athletic support

Each Capsule Contains:

L-Glutamine.....	650mg
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Mediton Glutamine (Powder)

Dose: 1 Scoop per day

- Workout supplement and Athletic support
- Helps restore plasma glutamine level depleted after periods of physical stress
- Helps support immune system health after periods of physical stress
- Helps to assist in muscle cell repair after exercise

Each Scoop Contains:

L-Glutamine.....	5000mg
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Sports & Performance Nutrition

Mediton L-Lysine

Dose: 1 Capsule, 2 times per day

- Essential amino acid for the maintenance of good health.
- Workout supplement

Each Capsule Contains:	
L-Lysine.....	750mg

Mediton L-Taurine

Dose: 1 Capsule, 3 times per day

- Helps to support cardiovascular function

Each Capsule Contains:	
Taurine (2-Aminoethanesulfonic acid).....	500mg

Mediton Micronized Creatine

Dose: 1 Scoop per day

- Increases muscle size when used with a resistance training regimen.
- Improves strength and performance in repetitive bouts of brief, highly intense physical activity.

Each Scoop Contains:	
Creatine Monohydrate.....	5g

Mediton BCAA

Dose: 1 Scoop per day

- Source of BCAA, which are involved in protein synthesis
- Source of an amino acid(s) involved in muscle protein synthesis
- Workout supplement and athletic support

Each Capsule Contains:	
L-Isoleucine.....	900mg
L-Leucine.....	1800mg
L-Valine.....	900mg
L-Glutamine.....	1250mg
Beta-alanine (beta-aminopropionic acid).....	1150mg

Sports & Performance Nutrition

Mediton BCAA 10

Dose: 3 Scoops per day

- Helps normal growth and development.
- Helps in energy metabolism and tissue formation
- Helps to prevent vitamin B3 deficiency
- Helps the body to metabolize carbohydrates, fats, and proteins
- Helps in tissue formation
- Source of branched chain amino acids (BCAA), which are involved in protein synthesis

Each Scoop Contains:

L-Isoleucine	33.33 mg
L-Leucine	333.33 mg
L-Valine	33.33 mg
Niacinamide	6.66 mg
Beta-alanine (beta-aminopropionic acid)	83.33 mg
Vitamin B6 (Pyridoxine 5'-phosphate)	0.466 mg
Taurine (2-Aminoethanesulfonic acid)	83.33 mg

Mediton Whey Protein

Dose: 1 Scoop per day

- Source of essential amino acids, including BCAAs, for muscle protein synthesis.
- Excellent source of protein, which helps build and repair body tissues.

Each Scoop Contains:

Whey Protein Isolate (Bos Taurus-Milk).....	27g
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Mediton Pea Protein

Dose: 1 Scoop, 2-3 times per day

- Workout supplement & Athletic support
- Source of protein for the maintenance of good health
- Source of protein which helps build and repair body tissues
- Source of amino acids involved in muscle protein synthesis
- Assists in the building of lean muscle [tissue/mass] when combined with regular [weight/resistance] training and a healthy balanced diet.

Each Scoop Contains:

Pea protein (Pisum sativum- Seed).....	24g (80% protein)
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Sports & Performance Nutrition

Mediton CLA (Softgel)

Dose: 1 Capsule, 4 times per day

- May help to support a modest reduction in fat mass when used with a program of reduced dietary calories and increased physical activities.
- May help to support a modest improvement to body composition when used with a program of reduced intake of dietary calories and increased physical activities.

Each Capsule Contains:

CLA (Conjugated Linoleic Acid).....	800mg
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Mediton CLA 1000 (Softgel)

Dose: 1 Capsule, 4 times per day

- May help to support a modest reduction in fat mass when used with a program of reduced dietary calories and increased physical activities.
- May help to support a modest improvement to body composition when used with a program of reduced intake of dietary calories and increased physical activities.

Each Capsule Contains:

CLA (Conjugated Linoleic Acid).....	1000mg
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Mediton Tyrosine

Dose: 1-2 Capsule, 1-2 times per day

- Workout supplement & athletic support. Source of an amino acid involved in protein synthesis.

Each Capsule Contains:

L-Tyrosine.....	1000mg
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Sports & Performance Nutrition

Mediton L-Carnitine (Powder)

Dose: 1 tablespoon per day

- Workout supplement & athletic support.

Each Tablespoon Contains:

L-Carnitine (Levocarnitine).....	1000mg
Vitamin B6 (Pyridoxine Hydrochloride).....	2mg
Pantothenic Acid (Calcium D-Pantothenate).....	10mg

Mediton Hemp Protein Isolate

Dose: 1-2 Scoop(s), 2-4 times per day

- Workout supplement & Athletic support
- Source of protein for the maintenance of good health
- Source of protein which helps build muscle and repair body tissues
- Source of amino acids involved in muscle protein synthesis.
- Assists in the building of lean muscle [tissue/mass] when combined with regular [weight/resistance] training and a healthy balanced diet.

Each Scoop Contains:

Hemp Protein Isolate (Cannabis sativa- Seed).....	10g (90% protein)
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Mediton Hemp Protein Concentrate

Dose: 1-2 Scoop(s), 2-4 times per day

- Workout supplement & Athletic support
- Source of protein for the maintenance of good health
- Source of protein which helps build muscle and repair body tissues
- Source of amino acids involved in muscle protein synthesis.
- Assists in the building of lean muscle [tissue/mass] when combined with regular [weight/resistance] training and a healthy balanced diet.

Each Scoop Contains:

Hemp Protein Isolate (Cannabis sativa- Seed).....	10g (90% protein)
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Sports & Performance Nutrition

Mediton Flaxseed Protein

Dose: 1-2 Scoop(s), 2-4 times per day

- Workout supplement & Athletic support
- Source of protein for the maintenance of good health
- Source of protein which helps build muscle and repair body tissues
- Source of amino acids involved in muscle protein synthesis.
- Assists in the building of lean muscle [tissue/mass] when combined with regular [weight/resistance] training and a healthy balanced diet.

Each Scoop Contains:

Flaxseed Protein (Linum asitatissimum- Seed).....	10g (90% protein)
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Mediton Casein

Dose: 1 Scoop, 1-2 times per day

- Workout supplement & Athletic support
- Source of protein for the maintenance of good health
- Source of protein which helps build muscle and repair body tissues
- Source of amino acids involved in muscle protein synthesis.
- Assists in the building of lean muscle [tissue/mass] when combined with regular [weight/resistance] training and a healthy balanced diet.

Each Scoop Contains:

Micellar casein (Casein micelles).....	15g (90% protein)
Milk protein concentrate.....	14.5g(80% protein)
Calcium caseinate.....	2.5g (70% protein)

Sports & Performance Nutrition

Mediton Vegi Protein Mix

Dose: 1 Scoop, 2 times per day

- Assists in the building of lean muscle tissue/mass when combined with regular weight/resistance training and a healthy balanced diet.
- Athletic support.
- Source of amino acids involved in muscle protein synthesis.
- Source of protein for the maintenance of good health.
- Source of protein which helps build and repair body tissues. Workout supplement.

Each Scoop Contains:

Alfalfa protein concentrate.....	500.0 mg (48% protein)
Flaxseed protein.....	2.0 g (80% protein)
Pea protein.....	12.5 g (85% protein)
Potato protein.....	200.0 mg (60% protein)
Rice protein.....	5.4 g (80% protein)

Mediton Pre Workout

Dose: 1 Scoop per day

- Workout supplement & Athletic support
- Helps (temporarily) relieve fatigue , to promote endurance, and to enhance motor performance
- Increases [body/muscle/lean] [mass/size] when used in conjunction with a resistance training regimen
- Improves [strength/power/performance] in repetitive bouts of brief, highly intense physical activity (e.g. sprints, jumping, resistance training) (by increasing [muscle/ intramuscular] [creatine/phosphocreatine/energy] levels)
- Helps increase physical performance during intensive exercise

Each Scoop Contains:

Ascorbic Acid (Vitamin C).....	280mg
Niacinamide.....	30mg
Vitamin B6 (Pyridoxal 5' phosphate).....	0.035mg
Folic Acid (Folate).....	150mcg
Vitamin B12 (Methylcobalamin).....	20mcg
Calcium (Calcium silicate).....	18.3mg
Beta- alanine (beta-aminopropionic acid).....	1.5g
Creatine monohydrate (N-(Aminoiminomethyl)-N-methylglycine monohydrate).....	1g
L-Arginine (L-Arginine alpha-ketoglutarate).....	1g
L-Citrulline (Citrulline malate).....	1g
L-Tyrosine (N-Acetyl tyrosine).....	500mg
Caffeine (1,3,7-Trimethylxanthine).....	250mg

Sports & Performance Nutrition

Mediton Muscle Mass Gainer

Dose: 1 Scoop per day

- Workout supplement & Athletic support
- Source of protein for the maintenance of good health
- Source of protein which helps build muscle and repair body tissues
- Source of amino acids involved in muscle protein synthesis.
- Increases muscle/body size when used in conjunction with a resistance training regimen
- Improves [strength/power/performance] in repetitive bouts of brief, highly intense physical activity (e.g. sprints, jumping, resistance training) (by increasing [muscle/ intramuscular] [creatine/phosphocreatine/energy] levels)
- Used in herbal medicine to stimulate the appetite, as a digestive tonic to aid digestion, to help relieve dyspepsia and gastritis, and as a nutritive tonic.

Each Scoop Contains:

L-Arginine.....	1g
L-Leucine.....	3g
L-Lysine.....	500mg
Fenugreek (Trigonella foenum-graecum, Seed).....	2g
Flaxseed (Linum usitatissimum- Seed).....	1g
Whey protein concentrate.....	14g (92% whey protein)
Calcium caseinate.....	1g (90% protein)
Creatine monohydrate.....	5g

Mediton Whey Balance

Dose: 1 Scoop per day

- Source of all essential amino acids for the maintenance of good health.
- Source of branched chain amino acids for the maintenance of good health.
- Source of essential amino acids involved in muscle protein synthesis.
- Excellent source of protein for the maintenance of good health, helps build and repair body tissues, helps build antibodies.
- Increases [body/muscle/ lean] [mass/size] when used in conjunction with a resistance training regimen.
- Helps in the development and maintenance of bones and teeth.

Each Scoop Contains:

Whey protein isolate (Whey protein isolate, Bos Taurus- Milk).....	26g(90% whey protein)
Creatine monohydrate (N-(Aminoiminomethyl)-N-methylglycine monohydrate).....	2.5g
Vitamin D3 (Cholecalciferol).....	400 IU (10mcg)

Sports & Performance Nutrition

Mediton Lean Amino

Dose: 1 Scoop, 2 times per day

- Workout supplement
- Athletic support
- Assists in the building of lean muscle [tissue/mass] when combined with regular [weight/resistance] training and a healthy balanced diet.
- Helps support fat metabolism/ oxidation.
- Helps delay fatigue during physical activity.

Each Scoop Contains:

L-Threonine ((2S,3R)-2-Amino-3-hydroxybutyric acid).....	70mg
L-Isoleucine.....	300mg
L-Glutamine ((S)-2,5-Diamino-5-oxopentanoic acid).....	500mg
L-Lysine ((S)-2,6-Diaminohexanoic acid).....	150mg
L-Valine ((S)-2-Amino-3-methylbutanoic acid).....	400mg
Tryptophan (L-Alpha-Aminoindole-3-propionic acid).....	10mg
L-Phenylalanine.....	25mg
L-Methionine ((S)-2-Amino-4-(methylthio)butanoic acid).....	35mg
L-Leucine ((S)-2-Amino-4-(methylpentanoic acid).....	400mg
L-Arginine ((S)-2-Amino-5-[(aminoiminomethyl)amino]pentanoic acid).....	150mg
Citrulline ((S)-N5-Carbamoylornithine).....	150mg
L-Histidine ((S)-alpha-Amino-1H-imidazole-4-propanoic acid).....	25mg
L-Tyrosine ((S)-alpha-Amino-4-hydroxybenzenepropanoic acid).....	50mg
Taurine (2-Aminoethanesulfonic acid).....	300mg
Caffeine (1,3,7-Trimethylxanthine).....	100mg
Beta-alanine (3-Aminopropanoic acid).....	450mg
Green tea extract (Camellia sinensis, Leaf).....	5mg (50% Epigallocatechin-3-gallate, 0.25% Caffeine, 20:1 QCE 100mg)
CLA (Conjugated Linoleic Acid).....	1500mg
Green Coffee Bean Extract (Coffea Arabica- Seed).....	5mg (4:1, QCE 20mg)
L-Carnitine (Levocarnitine).....	200mg

Mediton Fat Burner

Dose: 1 Capsule per day

- Helps the body metabolize carbohydrates and fats.
- A complement to a healthy lifestyle that incorporates a calorie-reduced diet and regular physical activity.

Each Capsule Contains:

Chromium (Chromium Polynicotinate).....	100mcg
Green coffee bean extract (Coffee arabica-seed)(50% chlorogenic Acids).....	200mg
Green tea extract (camellia sinensis-leaf) (98% polyphenols, 45% Epigallocatechin 3 Gallate).....	100mg
Garcinia cambogia extract 60% HCA (Garcinia Gummi-Gutta, Fruit peel).....	214mg

Sports & Performance Nutrition

Mediton Emucan

Dose: 1 Capsule per day

- Helps to support immune system.
- Helps in connective tissue formation.
- Helps to maintain healthy skin.
- Helps in energy metabolism and tissue formation.
- Helps to maintain normal DNA synthesis.
- Helps to maintain normal acid-base metabolism.
- Helps to maintain healthy bones, hair, nail and/or skin.

Each Capsule Contains:

Alpha-Lactalbumin (Whey protein, Bos Taurus- Milk).....	500mg(60%)
Zinc (Zinc gluconate).....	15mg
Selenium (Selenomethionine).....	30mcg
Hydrolyzed casein (Bos Taurus- Milk).....	100mg(50%)
L-Cysteine.....	25mg
L-Arginine.....	50mg
L-Alanine.....	20mg
L-Methionine.....	20mg
L-Isoleucine.....	25mg

Mediton Vegi Protein Mix

Dose: 1 Scoop, 1-2 times per day

- Workout supplement
- Athletic support
- Assists in the building of lean muscle when combined with regular training and healthy balanced diet.
- Source of protein which helps build and repair body tissues.

Each Scoop Contains:

Pea protein.....	12.5grams (90% pea protein)
Rice protein.....	5.4 grams (82% protein)
Hemp seed protein.....	1.4 grams (80% protein)
Potato protein.....	200 mg (60% protein)
Flaxseed protein.....	2 grams (80% protein)
Alfalfa protein concentrate.....	500 mg (85% protein)

Sports & Performance Nutrition

Mediton Glutamen

Dose: 1 Scoop per day

- Helps the body to metabolize carbohydrates, fats, and proteins.
- Helps to form red blood cells.
- Helps in tissue formation.
- Helps in the development and maintenance of bones, cartilage, teeth and gums.
- Helps in connective tissue formation.
- Helps in wound healing.
- An antioxidant.
- Helps to maintain immune function.
- Helps restore plasma glutamine levels after periods of physical stress.
- Helps support immune system health after periods of physical stress.
- Helps support digestive system health after periods of physical stress.
- Helps to assist in muscle cell repair after exercise.
- Source of BCAA.

Each Scoop Contains:

Vitamin B12 (Methylcobalamin).....	2.5mcg
Vitamin B6 (Pyridoxine 5'-phosphate).....	1.4mg
Ascorbic Acid (Vitamin C).....	100mg
Zinc (Zinc gluconate).....	10mg
Beta-alanine (beta-Aminopropionic acid).....	1000mg
Taurine (2-Aminoethanesulfonic acid).....	250mg
L-Glutamine.....	5000mg
L-Isoleucine.....	400mg
L-Valine.....	100mg

Mediton Ketopure

Dose: 1 Scoop, 2 times per day

- Source of beta-hydroxybutyrate which increases blood level of beta-hydroxybutyrate and provide cellular energy to body tissues. Help in energy metabolism.

Each Scoop Contains:

CaBHB.....	2.4 grams
MgBHB.....	2.4 grams
NaBHB.....	1.2 grams

Sports & Performance Nutrition

Mediton Valuelin

Dose: 1 Capsule, 3 times per day

- Helps to maintain body's ability to metabolize nutrients.
- Helps in tissue formation.
- Helps in the development and maintenance of bones, cartilage, teeth, and gums.
- Helps in connective tissue formation.
- Helps in wound healing.
- Antioxidant.
- Cayenne is traditionally used in herbal medicine to aid digestion.
- Cayenne is traditionally used in Herbal Medicine to help support peripheral circulation.

Each Capsule Contains:

Vitamin B6 (Pyridoxine hydrochloride).....	0.46mg
Ascorbic Acid (Vitamin C).....	33.33mg
Cayenne (Capsicum annuum, Fruit).....	16.66mg
Malabar tamarind (Garcinia gumi-gutta, Fruit).....	83.33mg (60% HCA, 4:1, QCE 333.32mg)
Green coffee bean extract (Coffea arabica-Seed).....	83.33mg (45% chlorogenic acids, 2% caffeine, 4:1, QCE 333.32mg)
Green tea extract (Camellia sinensis, Leaf).....	83.33mg (12.5% caffeine, 60% catechins, 25% EPGC, 4:1, QCE 333.32mg)
CLA (Conjugated Linoleic Acid).....	166.66mg
L-Carnitine (L-Carnitine tartrate).....	166.66mg

Mediton Quick Mass

Dose: 1 Scoop, 2 times per day

- Workout supplement & athletic support
- Increases body/muscle mass/size when used in conjunction with a resistant training regimen
- Improves strength/power/performance in repetitive bouts of brief, high intensity physical activities.
- Source of calories which contributes to weight gain.
- Source of carbohydrates to support energy production.

Each Scoop Contains:

Maltodextrin.....	10g
D-Fructose.....	2g
L-Glutamine.....	1g
Creatine monohydrate.....	2.4g
Whey protein concentrate.....	17g (92% whey protein)

Sports & Performance Nutrition

Mediton PRE-E

Dose: 1 Scoop per day

- Vitamin C is a source of anti-oxidants and helps in collagen formation to maintain healthy bones, cartilage, teeth and/or gums and in connective tissue formation and wound healing and maintains immune function.
- Helps to maintain the body's ability to metabolize nutrients.
- Workout supplement.
- Athletic support.
- Helps increase physical performance during intensive exercise.
- Source of amino acids involved in muscle protein synthesis.

Each Scoop Contains:

Vitamin C (Ascorbic acid).....	40mg
Magnesium (Magnesium oxide).....	100mg
Citrulline (L-Citrulline, Citrulline malate).....	3000mg
Taurine (2-Aminoethanesulfonic acid).....	1000mg
Creatine monohydrate (N-(Aminoiminomethyl)-N-methylglycine monohydrate)....	1000mg
L-Carnitine (L-Carnitine tartrate).....	500mg
Beta-alanine (beta-aminopropionic acid).....	500mg
L-Arginine.....	500mg

Mediton Carnitine Plus (Powder)

Dose: 2 Tablespoons per day

- Athletic support.
- Helps increase physical performance during intensive exercise.
- Workout supplement

Each Tablespoon Contains:

L-Carnitine (L-Carnitine, Levocarnitine).....	1500mg
Piper nigrum (Black piper, Fruit).....	4mg (50:1, 200mg)
D-3-Hydroxybutyrate(beta-Hydroxybutyrate, Calcium beta-Hydroxybutyrate)....	666.66 mg
D-3-Hydroxybutyrate(beta-Hydroxybutyrate, Magnesium beta Hydroxybutyrate).....	666.66mg
D-3-Hydroxybutyrate(beta-Hydroxybutyrate, Sodium beta-Hydroxybutyrate).....	666.66 mg

Sports & Performance Nutrition

Mediton Re-Cover

Dose: 1 Scoop per day

- Workout supplement
- Athletic support
- Source of protein which helps build and repair body tissues
- Piperine is traditionally used in Ayurvedic medicine to improve digestion
- Hops is traditionally used in herbal medicine as an aromatic bitter to aid digestion and to increase appetite (stomachic)
- Helps increase physical performance during intensive exercise

Each Scoop Contains:

CaHMB (Calcium beta-hydroxy-beta-methylbutyrate).....	1000mg
Zinc (Zinc monomethionine).....	30mg
Magnesium (Magnesium aspartate).....	450mg
Vitamin B6 (Pyridoxal).....	10.5 mg
Piperine (Piper nigrum- Fruit).....	.5 mg
Betaine (Beta vulgaris- Root).....	1000 mg
D-Ribose.....	2 mg
Hops (Humulus lupulus, Strobile).....	500 mg
L-Histidine.....	80mg
L-Isoleucine.....	200 mg
L-Leucine.....	345 mg
L-Lysine.....	250 mg
L-Methionine.....	200 mg
L-Phenylalanine.....	175 mg
L-Threonine.....	161 mg
L-Valine.....	300 mg
L-Alanine.....	185 mg
L-Arginine.....	250 mg
L-Glutamine.....	3000 mg
Glycine (Aminoacetic acid).....	102 mg
L-Serine.....	88 mg
L-Tyrosine.....	169 mg
L-Tryptophan.....	.48 mg
Pea protein.....	5000 mg

Sports & Performance Nutrition

Mediton Vegan Gainer

Dose: 2 Scoops per day

- Workout supplement & athletic support
- Assists in the building of lean muscle when combined with regular training and a healthy balanced diet.
- Fruit bromelain is a digestive enzyme.

Each Scoop Contains:

Quinoa (Chenopodium quinoa, Seed).....	300 mg
Zucchini (Cucurbita pepo var pepo, Fruit).....	500 mg
Buckwheat (Fagopyrum esculentum, Seed).....	300 mg
Sweet potato (Ipomoea batatas, Root).....	2.5 g
Millet (Panicum miliaceum, Seed).....	300 mg
Chia (Salvia hispanica, Seed).....	300 mg
Fenugreek (Trigonella foenum-graecum, Seed).....	1.25 grams
Fruit bromelain (Ananas comosus var. comosus- Fruit)....	450000 FCC Papain units (50 mg)
Pea protein.....	16 gram (90% protein)
Rice protein.....	10 gram (80% protein)
Calcium (Calcium acetate).....	30 mg
Magnesium (Magnesium glycinate).....	115 mg
Zinc (Zinc citrate).....	2.5 mg

Mediton Vegan Sports Protein Blend

Dose: 1 Scoop per day

- Workout supplement & athletic support
- Assists in the building of lean muscle when combined with regular training and a healthy balanced diet.
- Source of BCAA for protein synthesis

Each Scoop Contains:

L-Valine.....	1194 mg
L-Glutamine.....	5000 mg
L-Isoleucine.....	1000 mg
L-Leucine.....	1824 mg
Pea protein.....	20 grams (92% protein)
Rice protein.....	500 mg (82% protein)
Bacterial protease (Bacillus subtilis- whole cell) .4831 FCC bacterial protease units (99 mg)	
Fungal protease (Aspergillus flavus var. oryzae- whole).....	16590 FCC HU on the tyrosine basis (200 mg)
Alfalfa protein concentrate.....	200 mg (50% protein)

Sports & Performance Nutrition

Mediton Pro

Dose: 1 Scoop per day

- Athletic support
- Source of protein for the maintenance of good health
- Assists in the building of lean muscle when combined with regular training and a healthy balanced diet.

Each Scoop Contains:

Vitamin A (All trans retinol).....	900 mcg RAE
Vitamin C (Ascorbic acid).....	30 mg
Vitamin D3 (Cholecalciferol).....	25 mcg
Vitamin E (d-alpha tocopherol).....	12.5 mg AT
Vitamin K1.....	40 mcg
Vitamin B1 (Thiamine, thiamine mononitrate).....	0.75 mg
Vitamin B2 (Riboflavin).....	0.85 mg
Vitamin B3 (Niacinamide).....	10 mg
Vitamin B6 (Pyridoxine hydrochloride).....	1 mg
Folate (Folic acid).....	200 mcg
Vitamin B12 (Cyanocobalamin).....	3 mcg
Biotin.....	150 mcg
Pantothenic acid (Calcium D-Pantothenate).....	5 mg
Calcium (calcium carbonate).....	250 mg
Iron (Iron II citrate).....	1 mg
Magnesium (Magnesium oxide).....	100 mg
Zinc (Zinc gluconate).....	7.5 mg
Selenium (Selenium citrate).....	35 mcg
Phosphorus (Ammonium phosphate, monobasic).....	100 mg
Iodine (Potassium iodide).....	100 mcg
Pea protein.....	20 grams (92% protein)
Chromium (Chromium III nicotinate).....	60 mcg
Potassium (Potassium phosphate, monobasic).....	30 mg

Sports & Performance Nutrition

Mediton Electro Plus

Dose: 1 Scoop per day

- Source of electrolyte(s) for use during/after prolonged (>1 hour) exercise/ intermittent high intensity exercise/ exercise in hot conditions.
- Antioxidant for good health.
- Multi-vitamin and multi-mineral supplement.
- Source of/An antioxidant.
- Supports energy production.
- Vitamin and mineral supplement.

Each Scoop Contains:

Sodium (Sodium chloride).....	460mg
Potassium (Potassium chloride).....	.85mg
Calcium (Calcium carbonate).....	123mg
Magnesium (Magnesium oxide).....	.57mg
Vitamin A (Vitamin A Acetate).....	800mcg RAE
Vitamin D (Cholecalciferol).....	.5 mcg
Vitamin E (d-alpha tocopheryl acid succinate).....	12 mg AT
Vitamin K1 (Phylloquinone).....	.75 mcg
Vitamin C (Ascorbic acid).....	.80 mg
Thiamine (Vitamin B1, thiamine hydrochloride).....	1.1mg
Riboflavin (Vitamin B2).....	1.4mg
Niacin (Vitamin B3, Niacinamide).....	16mg
Vitamin B6 (Pyridoxine hydrochloride).....	1.4mg
Folate (Vitamin B9, Folic acid).....	200 mcg
Vitamin B12 (Cyanocobalamin).....	2.5 mcg
Biotin.....	.50 mcg
Vitamin B5 (Calcium D-pantothenate).....	.6 mg